CAREERS NEWSLETTER

OPPORTUNITIES

We've already mentioned that 10th-16th February is National Apprenticeship Week. We'll be sharing more on this next week but remember, you can use the hash tag #NAW2025 on social media to find opportunities from employers!

Next week is Children's Mental Health Week. This is a mental health awareness week that launched by children's mental health charity, Place2Be. The week exists to empower, equip and give a voice to all children and young people in the UK. This year, Children's Mental Health Week is focussing on Know Yourself, Grow Yourself.

Fancy a creative challenge? This free resource encourages you to learn more about yourself by imagining a plant in growth. It starts off by inviting you to reflect on the roots of your identity, what is important to you, and what helps you grow. You will then think about what is growing from these roots, as with greater understanding of oneself also comes an increased capacity for personal growth, resilience, and connection with others.

Would you like to work with young people experiencing poor mental health? Child and adolescent psychotherapists (CAPT) work with children and young people aged up to 25 and their families and carers to assess and treat a wide range of psychological problems. Here is the NHS Job Profile. If you don't think this role is for you, but would like to work for the NHS, check out the NHS Careers Quiz to be matched to one of their 350 different job roles!

Looking for psychology work experience? You're not alone. In today's competitive job market, hands-on experience is the golden ticket to kickstart your career. This blog is your compass, guiding you through opportunities, dos and don'ts, and insider tips.

JOB OF THE WEEK

Mental Health Therapist

Mental health therapists are qualified professionals who treat the cognitive, behavioral, and emotional aspects of mental health conditions. They can work with children, adults or families.

Watch the video to learn more about how much you could earn, working hours and pathways into the industry.

LABOUR MARKET INFORMATION FACT

As of March 2024, there were about 283,000 therapy professionals in the UK. This includes psychologists, physiotherapists, occupational therapists, speech and language therapists, and more.

This has increased from 127,000 in 2010.

Source

If you have any questions or need support, please contact David.Rudd1@claremont-high.org.uk

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InvestIN have a range of free events in February to help you learn more about different industries such as Law, Medicine, Engineering and Finance.

The University of Brighton are offering online tutorials in how to build an online portfolio for your application; their staff and students will give tips and advice on how to prepare your portfolio and what you should include. You will need this for any creative course (including Architecture!). The next session is 11th February, 5- 6pm.

Viasat: Space for Good is the first-of-its-kind STEM innovation challenge for students, focused on how to achieve sustainable space using technology — for the good of all of us on Earth. You can read more about how to enter here.

If you want to get prepared for National Apprenticeship Week, check out the events listing on their website. This includes face to face and virtual events.

Join Not Going to Uni for 'Your Guide to... Apprenticeships LIVE'! This event will be help you to discover more about apprenticeships, and how you can prepare yourself for this journey! NGTU will have talks from four different employers, and an exclusive session with Not Going To Uni.

Mercedes-Benz are recruiting apprentices across the country to join their award winning apprenticeship programme training as Retail Parts Advisors and Customer Experience Specialists. Join their virtual sessions to find out more.

An apprenticeship is a paid job where you learn and gain valuable experience while working. It combines on-the-job training with structured learning, leading to a nationally recognised qualification. On this webinar you will learn: What is an apprenticeship, the benefits, how you will learn, what support is available and how to apply.

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EMPLOYER SPOTLIGHT

"Mercedes-Benz offers students a broad field of opportunities to discover their talents best: with internships, dissertations or a job as a working student. You will master challenges, grow beyond yourself and learn from visionary colleagues and mentors. Make your first steps into your career with us."

Read more about Mercedes Benz Careers here.

UNI SPOTLIGHT

"Find your place, your people, your aspirations. Start your journey to studying at Edge Hill. We aim to offer you a place where you can learn, thrive and feel accepted, embracing your new community and discovering new passions. We want to give you the tools to succeed. That's why we offer a rich variety of undergraduate courses."

Read more about Edge Hill University here.